

Healthy Food Policy

Purpose

To establish a policy for the Shasta Children and Families Commission (Commission), relating to use of Commission funds to purchase food and beverage items.

Background

The Commission recognizes the value of healthy food and beverage choices that support healthy child nutrition and development.

First 5 Shasta funding used for the purchase of food and/or beverage items may be applied only to items that constitute healthy choices.

Policy

First 5 Shasta funding used for the purchase of food and/or beverage items may be applied only to items that constitute healthy choices.

Definitions

- A. **Healthy food:** Healthy food and beverage items will follow Healthy Shasta's *Healthy Meeting Guidelines* available at www.healthyshasta.org.

Procedure

- A. First 5 Shasta grantees or contractors shall ensure that food and/or beverage items purchased using First 5 Shasta funds constitute healthy choices.
- B. Food must be related to the goal of the funded project.



CHILDREN'S PATHWAY TO SUCCESS

A well worn path begins as a simple bend of the grass. We invite all community members to join us in forging a children's pathway to success that is strong and easy to navigate.

Joins us - make each bend of the grass count!

www.first5shasta.org

530.229.8300 » www.first5shasta.org