

First 5 Shasta Evaluation & Advisory Committee Minutes

November 20, 2025
9:00 a.m. - 11:00 a.m.

Location of Meeting: 393 Park Marina Circle, Redding, CA 96001

Topic: First 5 Shasta Evaluation and Advisory Committee Meeting

Time: November 20, 2025, 9:00 AM Pacific Time (US and Canada)

<https://us06web.zoom.us/j/86803555133?pwd=8liLvrpnwtYMYKHSaW6wpn4so9YqtK.I>

1. Call to Order

Welcome and Introductions by Amber Condrey, Data & Evaluation Coordinator

Committee

Gordon Chatham
Tara Shanahan
Kevin O'Roark
Kathy Berry

Staff

Wendy Dickens
Liz Poole
Amber Condrey
Megan Johnson
Jackie Scott
Nicole Godman

Public

Michele Grupe
Heidi Gonzales
Daniel Walker

2. Public Comment Period

Members of the public are entitled under the Brown Act (Government Code Section 54950 et seq) to address the Commission on any matter within the Commission's subject matter jurisdiction.

Members of the public may speak for up to three minutes on any matter concerning the Commission, with the exception of items appearing elsewhere on this agenda or items related to pending judicial, administrative litigation, or personnel matters. The Act prohibits the Commission from taking action or discussing the item unless it is already on the agenda.

Recusal Reminder

All members are reminded to recuse themselves from voting on any agenda item that has a real or perceived conflict of interest.

3. Consider Approval of Minutes from September 18, 2025 Committee Meeting

Action Item

Motion to approve minutes: Wendy Dickens

Motion/Seconded: Tara Shanahan

Ayes: All

Nayes: None

Motion: Approved

4. Partner Updates

- Daniel shared that the Mother to Mother Group received recognition from the state. The partnership has served approximately 16 moms and is between First 5 Shasta, HHSA, and YMCA, it has been a successful way to offer peer support and engage moms who don't meet higher level of need or stepping down from postpartum services and are looking for community and wellness. Wendy shared this has been a dream to build and expand on Healthy Moms to increase community support and to someday also offer support for partners/fathers. In the future we would want to engage with community partners around this service.
- Tara shared about a state initiative to shift from mandated reporting to community support in child welfare (SB119) and plans for in-service trainings to educate school staff on appropriate responses to disclosures. They are also doing a pilot with Peer Support specialists at the hospital to help with a warm handoff for drug and alcohol-related support.

5. Evaluation & Advisory Committee 2026 Updates

- a. Review 2026 Meeting Dates & Time
- b. Review New & Existing Voting Members

Amber clarified that current members wish to continue and that the date and time of the meeting continues to work with most members schedule. Amber to send out calendar invite to committee members and put forward names to the First 5 Commission in December.

6. First 5 Shasta Strategic Plan

- a. Review Data Slides
- b. Facilitated Discussion: What data indicators stood out to you; Did any of the data surprise you; Is there anything missing or gaps; Are we comfortable using these assessments of our community?

Committee members received data slides ahead of time to review measures impacting children and families in Shasta County. First 5 Shasta is completing a new strategic plan to focus on indicators of progress rather than specific, measurable objectives, given the dynamic nature of community partnerships and data collection. For the new Strategic Plan, Amber shared that to reduce survey fatigue and duplication of efforts it was proposed First 5 Shasta use the local assessments completed by Dignity Health, Local Childcare Planning, and HHSA Public Health as starting points to assess community needs. Key areas of concern include basic needs like transportation, housing, and healthcare, as well as ACEs, prenatal substance use, mental health, developmental screening, and community belonging. The group discussed surprising findings, such as low poverty rates and the cost of infant care. They also addressed the need to support teenage parents, particularly regarding mental health, and the importance of educating the community about neonatal abstinence and substance use during pregnancy. The desire to measure parenting skills was discussed and the use of programs like Triple P, Love and Logic and Parents as Teachers but this would be difficult to assess or gather data on. The team agreed to further explore partnerships and education campaigns to address these issues effectively.

The conversation ended with a review of the organization's strategic focus areas, including early learning, thriving families, and maternal child and family health, with plans to develop specific strategies by April.

There being no further business, the meeting was adjourned at 10:35 a.m.

The next Meeting of the First 5 Shasta Evaluation & Advisory Committee, January 15, 2026.

Submitted By, Amber Condrey, Data and Evaluation Coordinator