

# WHY WE CELEBRATE WEEK OF THE YOUNG CHILD

Your child will astonish you in the early years from 0-to-5! This is a period of dramatic brain development and intense exploration, growth, and learning. What happens in early childhood will lay the foundation for your child's success in school and later life. The Week of the Young Child was established by the National Association for the Education of Young Children in 1971. It brings public attention to the needs of young children, their families, and the early childhood programs that contribute to their future success. Shasta County joins communities across the nation in celebrating young children and the enormous possibilities awaiting them. Enjoy family fun and learning adventures during this special week!

SIGN UP FOR

**Bright** by **Text**

BY TEXTING SHASTAKIDS TO 274448

Bright by Text is for anyone who cares for and loves a child, prenatally through age 8: parents, parents-to-be, grandparents, babysitters, aunts, uncles, neighbors, friends, teachers, and more. We send free text messages with easy, practical tips and activities right to your cell phone. Our content comes from trusted partners like PBS and Sesame Street. Messages are targeted to your child's age and include information on development, language and early literacy, health and safety, behavioral tips, and more. You will also receive information about fun, local events in your area for your family.



**GET BIGFOOT OUTSIDE**  
APRIL 1-MAY 31

ADVENTURE CHALLENGE SISKIYOU | SHASTA | TEHAMA | TRINITY

TRAIL MOUNTAIN BIKE GRAVEL DOG WALK JR.

**CHOOSE YOUR ADVENTURE**

Experience our region's amazing trails on your mountain bike, gravel bike, or with your own 2 feet!  
Check passport boxes and earn cool prizes. This free, 2-month-long adventure is for all ages and skill levels.

**CORNERSTONE COMMUNITY BANK** **THE MCCONNELL FOUNDATION**  
**REDDING PUBLIC LIBRARY** **SHASTA COUNTY OFFICE OF EDUCATION**

Learn more at [bigfootadventurechallenge.com](http://bigfootadventurechallenge.com)

Bigfoot Adventure Challenge Adventures for Everyone! – Explore three or more trails, April 1 – May 31, 2024 and turn in your passport for prizes! Passports and trail info available at [bigfootadventurechallenge.com](http://bigfootadventurechallenge.com)

**HELP ME GROW**  
CALIFORNIA  
SHASTA COUNTY

How your child plays, learns, speaks, acts and moves offers important clues about his or her development. All parents have questions. Help Me Grow has answers! Learn more about your child's development by contacting Help Me Grow.

Contact us:  
Call 2-1-1 and ask for Help Me Grow  
Text HMGSHASTA to 898211  
Email [Helpmegrow@shastacoe.org](mailto:Helpmegrow@shastacoe.org)



## SATURDAY, APRIL 13

### 9:00 AM TO 10:00 AM Grasshopper Bug Run

Dress like your favorite bug and come run for fun. Leave the adults in the dust and go on a bug adventure. Children will run and challenge themselves through fun obstacles. Crawl, hop, climb and run. See you at the Grasshopper Bug Run.

Location: Grasshopper Sports Zone, located to the west of City Hall, 777 Cypress Ave., Redding, 96001  
Contact: Christina Massey, (530) 225-4095  
Sponsor: City of Redding, First 5 Shasta

### 10:00 AM TO 12:00 PM Rev, Rumble & Roar

Rev, Rumble & Roar is back at the Redding Public Library! Children will have a chance to explore different vehicles, attend a transportation themed story time, along with other fun activities.

Location: Redding Public Library, 1100 Parkview Ave., Redding, 96001  
Contact: Katherine Hart, [KatherineH@shastalibraries.org](mailto:KatherineH@shastalibraries.org)  
Sponsor: Shasta Public Libraries, First 5 Shasta

### 10:00 AM TO 11:00 AM Spring Fling

Please come to our "Spring Fling". There will be socialization opportunities for adults and children alike. There will also be craft and story time. Everyone will go home with books as well.

Location: SCOE, 43 Hilltop Dr., Redding, 96001  
Contact: Lynn Maxwell, [lm Maxwell@shastacoe.org](mailto:lm Maxwell@shastacoe.org)  
Sponsor: Shasta County Office of Education, First 5 Shasta



## SPECIAL MENTION!

### WED, APRIL 10TH - 5:00 PM TO 8:00 PM Pizza Family Fun Night Fundraiser and Membership Drive

Come support your local Association for the Education of Young Children and learn about our advocacy work and become a member. A portion of the proceeds from food sales will go directly to the California Cascade Association for the Education of Young Children.

Location: This event will be hosted simultaneously at two separate locations: Round Table Pizza @ Mt. Shasta Mall, 900 Dana Dr., Suite A15, Redding, 96003 | (530) 223-1975 AND Players Pizza, 2305 Balls Ferry Rd. Anderson, CA 96007 | (530) 365-5473.  
Contact: [teacherjula@gmail.com](mailto:teacherjula@gmail.com)  
Sponsors: CCAEYC

### SAT, APRIL 20TH - 8:00 AM TO 12:00 PM Airports for Autism

Come join us for a fun community event and help raise awareness for autism spectrum disorders and other disabilities. Our annual event, Airports for Autism, will include a 5K Race, 2 Mile Fun Walk, Silent Auction, and Community Fair. This event offers a unique racing experience as registered participants will be able to walk or run down Benton Airpark's runway.

Location: Benton Airpark, 2600 Gold St., Redding, 96001  
Contact: [www.AirportsForAutism.com](http://www.AirportsForAutism.com), \*Registration Encouraged  
Sponsor: Rowell Family Empowerment



# WEEK OF THE YOUNG CHILD

APRIL 6-13, 2024





## SATURDAY, APRIL 6

### 8:00 AM TO 12:00 PM Grow Your Own Strawberry

Join us to grow your own strawberry plant. Each child will receive a pot, growing material, and a strawberry plant. Shasta Master Gardeners will help with planting and provide instructions for caring for the plant at home.

Location: 777 Cypress Ave., Redding, 96001  
Contact: Susan Wilson, 530-524-4777  
Sponsor: Shasta Master Gardeners

### 10:00 AM TO 2:00 PM The Big Race

The Big Race is a family event where children and their guardian work together to design, build, and decorate their cardboard vehicle. Families can either bring their pre-made race vehicle or build one day of with supplies provided. Our goal is to encourage guardians to spend quality time with their child/children working to complete a project. Booths outside the racetrack provide parent information and creative games for children. All participants will receive a trophy and goodie bag for racing; no distinction will be made for placement in the race.

Location: Kiwanis Field #1 (K1), located to the west of the Redding Library  
Info: Bryan Fraser, redding2030@gmail.com  
Sponsor: Active 20-30 Club of Redding, First 5 Shasta

## WEDNESDAY, APRIL 10

### 10:00 AM TO 2:00 PM Jungle Adventures

Come have a fun sensory experience as we explore the wild, wonderful, world of the jungle in a variety of stations. Rain forest obstacle course, story time with your favorite safari guide, rainstick making, animal masks, and more will all be part of the adventure.

Location: S P O T, Inc., 1801 Buenaventura Blvd., Redding, 96001  
Contact: (530) 215-3385  
Sponsor: S P O T, Inc., Far Northern, Ready Set Goal



### 9:00 AM TO 4:00 PM FNRC Week of the Young Child

Far Northern Regional Center will be hosting a sensory experience filled with dinosaurs, art projects, music, story time, and much more!

Location: Redding Rancheria, 2100 Redding Rancheria Rd., Redding, 96001  
Contact: Cher Sullivan, csullivan@farnorthernrc.org  
Sponsor: Far Northern Regional Center, First 5 Shasta

## TUESDAY, APRIL 9

### 9:00 AM TO 11:00 AM Pop Up Story Time

Join Turtle Bay Exploration Park for Pop-Up Story Time in the Turtle Bay Nursery! Enjoy hands-on activities, a story time, and walk through the garden for children ages 0-5 and their caregivers.  
\*Story time is scheduled for 10am.

Location: Environmental Resources Building at the Turtle Bay Nursery, 1100 Arboretum Dr., Redding, 96003  
Contact: Melissa Maney, mmaney@turtlebay.org  
Sponsor: Turtle Bay, First 5 Shasta



### 10:00 AM TO 11:30 AM Water Safety Play Day

Water Safe Shasta is hosting a Water Safety Play Day at Sun Oaks. Come learn about water safety through stories, songs, water games and crafts. Raffle with prizes! \*Water games will be held outside of the pool.

Location: Sun Oaks, 3452 Argyle Rd., Redding, 96002  
Contact: Angie Baker, watersafeshasta@gmail.com  
Sponsor: Water Safe Shasta, First 5 Shasta

### 11:00 AM TO 12:00 PM Toddler Story Time

Get early literacy started with Redding Library and our toddler story time! This includes stories, activities and social interaction! (Geared towards children Ages 2-4)

Location: Redding Library, 1100 Parkview Ave., Redding, 96001  
Contact: Shastapubliclibraries.org  
Sponsored by: Shasta Public Libraries

## WEDNESDAY, APRIL 10 (CONTINUED)

### 11:00 AM TO 12:30 PM Story Time at the Cottonwood Library!

Join us for story time for the young and young at heart. Enjoy stories and a craft!

Location: Cottonwood Community Library  
3427 Main St., Cottonwood, 96022  
Contact: cottonlib@shasta.com  
Sponsored by: Cottonwood Community Library

### 2:00 PM TO 4:00 PM KIXE Safety Zone

Come join us to learn about safety in the community, featuring special guests from CAL Fire, RPD, KIXE, US Forest Service, and of course KIXE TV! The first 40 children that attend will receive FREE life vests from KIXE!

Location: 603 N. Market St., Redding, 96003  
Contact: Megan Klein, mklein@kixe.org  
Sponsored by: KIXE, First 5 Shasta

### 10:00 AM TO 11:00 AM Little Explorers: Green Guardians

Celebrate Earth Day and honor our planet. Little Explorers is a play-based weekly educational program for 2-5 year olds and their caregivers. \*Included with membership and paid park admission. A limited number of FREE tickets for this event with pre-registration at: turtlebay.org/wotyc

Location: Check in at Turtle Bay Museum, 844 Sundial Bridge Dr., Redding, 96001  
Contact: Melissa Maney, mmaney@turtlebay.org

### 11:00 AM TO 2:00 PM Welcome to The Jungle

Join us for a roaring fun event at the Mount Shasta Mall. Games, prizes, book give-away, story time & more during the Week of the Young Child.

Location: Mt. Shasta Mall, 900 Dana Dr., Redding, 96001  
Contact: Candi Ponce, cponce@hopeshasta.org or Noel Olson, nolson@hopeshasta.org  
Sponsor: Pathways to Hope for Children, First 5 Shasta

### 11:00 AM Burney Library Story Time

Come visit the Burney Library to celebrate the Week of the Young Child with a story time and fun crafts! Children will be able to socialize with their peers, create their own self portrait, and listen to a story.

Location: 37116 Main Street, Burney, 96013  
Contact: Heidi Greer, Heidi.Greer@lsslibraries.com

### 4:00 PM TO 6:00 PM Oakview Olympics

It's time for the Olympics! Come join us for the Shasta Head Start Oak View Olympics! This event will include children's crafts, Olympic style activities, a snack, and the first 100 children will receive a free book.

Location: Shasta Head Start - Oak View Center, 1156 Del Monte St., Redding, 96002  
Contact: Michelle Sturr, msturr@shskids.org  
Sponsor: Shasta Head Start, First 5 Shasta

## THURSDAY, APRIL 11

### 10:00 AM TO 12:00 PM Lunch With Community Helpers

Come see emergency vehicles up close and talk with everyday heroes in our community. After exploring police cars, fire trucks and booths with activities and information provided by local organizations, enjoy eating lunch with doctors, fire fighters, police officers and more!

Location: Intermountain Community Center, Tri-County Community Network, 37477 CA-299, Burney, 96013  
Contact: Marrisa Martin, mmartin@mayersmemorial.com  
Sponsor: Tri County Community Network, First 5 Shasta

### 3:00 PM TO 5:00 PM Anderson Library Story Time

"Down on the Farm". Event to include "mini" petting zoo by Anderson High FFA, KIXE with a special visit from Clifford. Booths to include: City of Anderson, Shasta Co. HHS, Dept. of Agriculture, Coleman Fish Hatchery, WIC, and Clean California. Free book, toy or puzzle, sticker project and healthy snack.

Location: 3200 West Center St., Anderson, 96007  
Contact: Christy Windle, 530-365-7685  
Sponsor: Friends of the Shasta County Libraries, First 5 Shasta, Anderson Rotary



## THURSDAY, APRIL 11 (CONTINUED)

### 5:00 PM Young Child Science Explorations

Our teachers will have several science explorations set-up for 3-5 year olds to explore!

Location: Chrysalis Charter School, 21945 Old 44 Dr., Palo Cedro, 96073  
Contact: www.chrysalischarter.org, registration required



### 9:00 AM TO 11:00 AM The Five Senses

Fun Five Senses exploration experience at Redding Cooperative Preschool allows kids to explore their five senses at multiple exploration stations such as scented painting, musical exploration, taste station and other sensory stations. Our fun sensory experiences stations will give our kids increased sensory and body awareness, and build body and sensory vocabulary, which are linked to emotional regulation skills.

Location: Redding Cooperative Preschool, 658 Mary St., Redding, 96001  
Contact: Rachele Gonzales, reddingcooperativepreschool@gmail.com  
Sponsor: First 5 Shasta, Redding Cooperative Preschool

### 12:00 PM TO 2:00 PM Shasta College WOYC Event

Shasta College Early Childhood Education Center & Lab will be celebrating the culmination of the Week of the Young Child with an ECE fun fair, Friday, April 12th from 12pm-2pm at the ECE center 11555 Old Oregon Trail, Redding CA 96003 in the 3200 Building playground. Parking will be in the Shasta College dorm parking lot. We will have many sensory activities: painting, loose parts, bubbles, music and more! We will have read aloud story times and free books from First 5 Shasta. Our ECE Club (ECEN) for College Students will be providing food and drinks for a small fee as a fundraiser for their club. We hope you can join us for this special afternoon!

Location: Shasta College Early Childhood Preschool and Lab, 111555 Old Oregon Trail, Redding, 96003  
Contact: Beverly Charsha, bcharsha@shastacollege.edu  
Sponsor: Shasta College, First 5 Shasta

## FRIDAY, APRIL 12

### 10:00 AM TO 12:00 PM Shasta Family YMCA Story Time and Art Projects

Youth are invited to participate in a story-time reading of I Believe in You, by Marianne Richmond followed by an activity of creating pipe cleaner people with pipe cleaners, straws and beads.

Location: YMCA Y South Building, 1740 Eureka Way, Redding, 96001  
Contact: Sharon Howland, showland@sfymca.org  
Sponsor: Shasta Family YMCA, First 5 Shasta

### 1:30PM TO 4:30PM Going Buggy with Burney!

Come explore bugs through fun and exciting hands-on activities at the new Shasta Head Start Burney Center! A snack will be provided and the first 30 families will receive a free book!

Location: Shasta Head Start - Burney Center, 37494 Bailey Ave., Burney, 96013  
Contact: Tanaka Pfadt, tpfadt@shskids.org  
Sponsor: Shasta Head Start, First 5 Shasta

### 5:00 PM TO 7:00 PM Family Game Night!

Please come join us for a night of fun and connection! We will offer a light dinner, refreshments, and an array of family games to choose from! Eat dinner, play a family game, and pick your favorite game to take home and use time and time again!

Location: 1352 Oregon St., Redding, 96001  
Contact: Meagan Sedley, sedleymeagan@findyourstability.com  
Sponsor: Positive Approach Counseling Center, First 5 Shasta